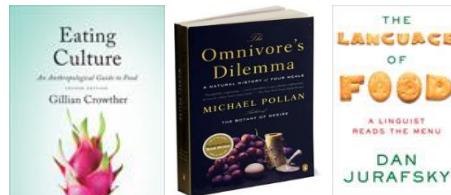


Anthropology of Food Week 2



"Omnivorosity: Classifying Food" and Orientation (cont.) Major Characteristics of Anthropology

Video Explorations:
That Sugar Film



I hope your first week with
Anthropology of Food went well, and that it has been
enjoyable, and that you are liking the readings and other
materials.

[Weekly Memos / Announcements](#)

[Canvas Apps](#)

[Your Classmates](#)

[The Course: Part I](#)

REM: [The Course in a Nutshell](#)

[Your Class Project](#)

REM: [Main Due Dates](#)

[Assignments](#)



[Readings](#)

[Video Explorations](#)


[For Fun Trivia](#)

Just a **REM**inder: Each week as we go along I will send you a **memo like this about the highlights for the coming week, usually on Sunday**. The memos will talk about the main items and issues for the weeks, and they will also contain a few other important reminders.

Weekly Memos

These memos will also be available in your **(1) UM e-mail folder** , in the **(2) “Recent Announcements”** section at the very top of your  “Home” page, and **(3) in the Full list of “Announcements”** page (accessed *via* the second item on the *Course* Navigation Panel).

(1) UM e-mail 



(2)

2020 Spring (12/30/2019-05...

Recent Announcements

What's Happening Week 1?

Posted on: Dec 17, 2019 at 9:03pm

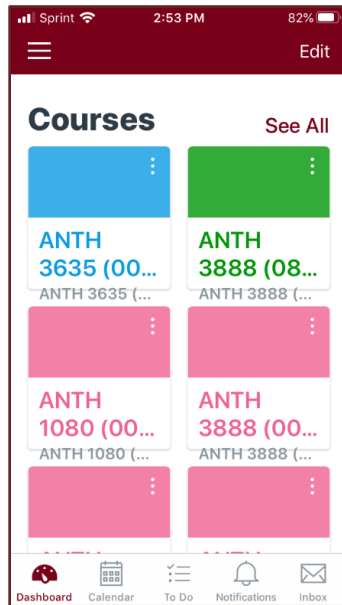
ANTH 3888 (080) Anthropology of Food (Spring 2020)

What's Happening

Welcome to

Canvas Apps

Your *Dashboard* screen on your Canvas phone app (available *via* the [What is the Canvas Student app?](#) link) looks something like this:

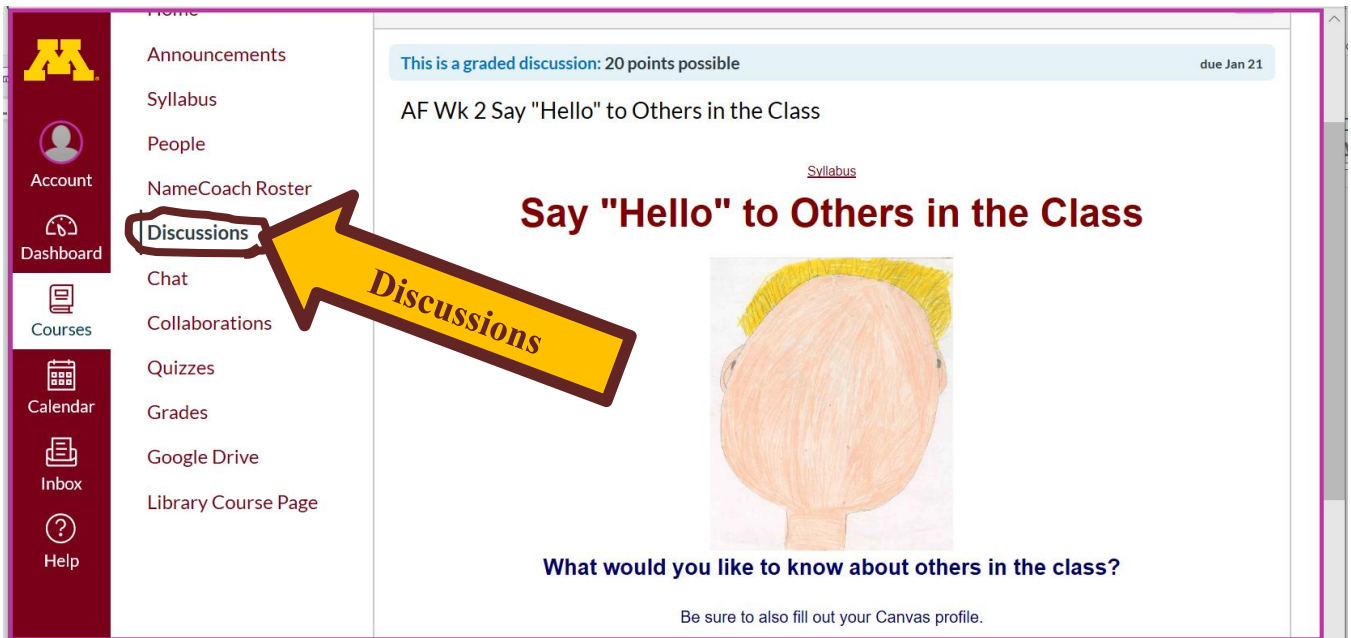


Your “*Home*” page on your Canvas phone app looks something like this:



Your Classmates

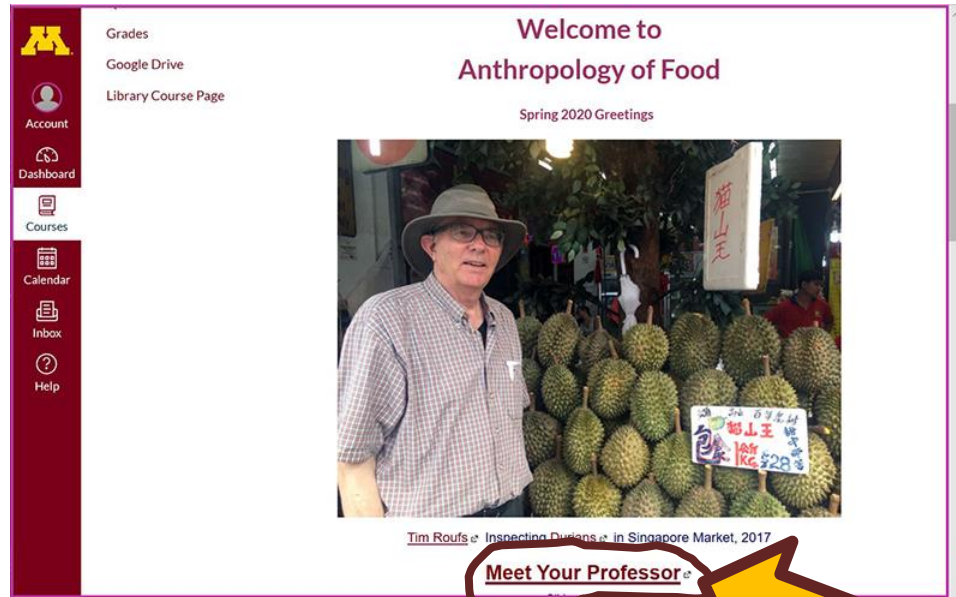
Meet the others in class. Have a look at the "Introduce Yourself" entries in the **"Discussion"** section of your  canvas folder.



Say "Hello" to others in the class . . .
and
Meet Your Professor . . .

If you are curious about me, more than you probably want (or ought) to know is available on the **Meet Your Professor page** [<http://www.d.umn.edu/cia/faculty/troufs/MeetYourProfessor.html>](http://www.d.umn.edu/cia/faculty/troufs/MeetYourProfessor.html). More that you or anyone needs to know is available, with some nice photos, at [<http://www.d.umn.edu/~troufs/anthfood/PowerPoint/af-meet_your_prof.pptx>](http://www.d.umn.edu/~troufs/anthfood/PowerPoint/af-meet_your_prof.pptx).

A while back one of the students seemed to especially like the part where the older folks in my home town of Winsted, MN, talk about the time I burnt the Town Hall by my dad's restaurant down (which I didn't, I only burnt half of the back side off.)



The Course: Part I

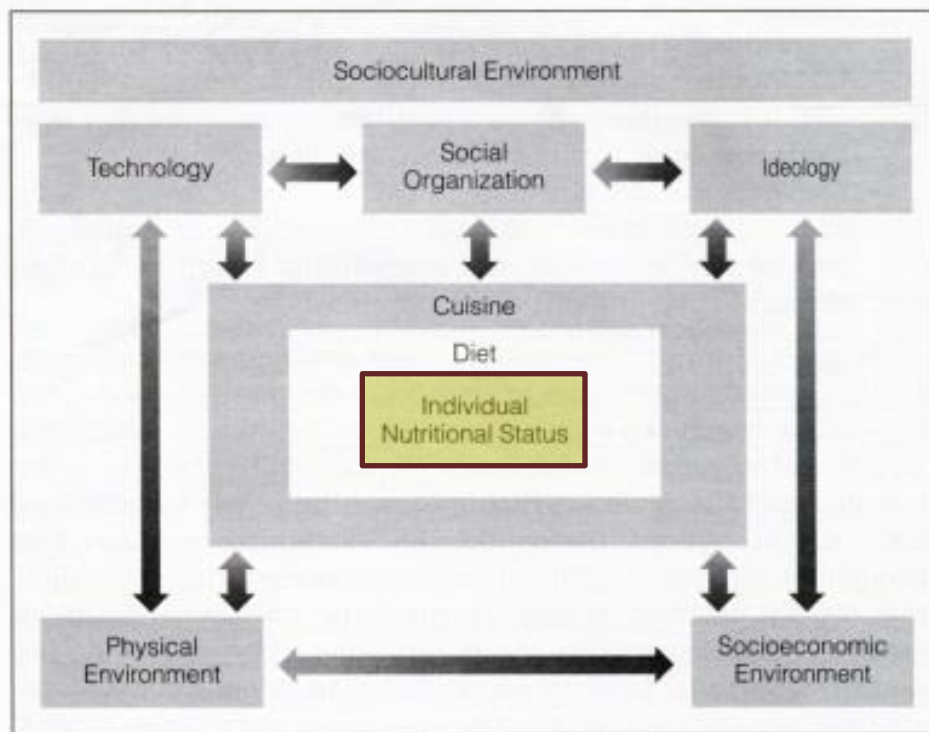
Anthropology graduates, reflecting back on their time with us at UMD, suggested in our surveys that it would be a good idea to tie the individual courses in the Anthropology curriculum together a little more. So that's what we're going to do for much of the next two or three weeks, after we finish the **Orientation**.

This will also help set **the basic analytic, theoretical, and historical framework** for the course. This material should provide you with the **background and analytical tools** to help you

with **your class Project**, and help you begin to make sense out of the topics that follow later in the course—a good deal of which will be provided *via* video—and towards the end of the semester with your class presentations.

Once you have mastered the basic information and conceptual framework relating to the Anthropology of Food—an approach centered on the **“Biocultural Framework for the Study of Diet and Nutrition”** which is **one of the main items of the week**—we will have an intensive look at a series of food-related issues from around the world.

Figure 1.1
Biocultural Framework for the Study of Diet and Nutrition



Source: Authors

Some of the **slide sets** for this week are **fairly long**, but bear with **them as the programs as they provide important information**.

REM: The Course in a Nutshell

As I mentioned last week, **for the first part of the course** much of the material for the week will be presented in the form of text materials and slide materials. **In the second section** of the semester, once you have mastered the basic information relating to the Anthropology of Food, we will look (generally comparatively, *cf.*, Main Characteristics of Anthropology in Week 01) at a series of video materials from around the world. **The final section** will focus on your research projects.

Your Class Project

Start thinking a little bit about [your Class Project](#).

Start thinking about something *that you, personally, are interested in*, and we'll work things out from there.

This Project is something with which you should be able to have *fun*.

It's a good time to have at least a quick look at the information for your class project, which you can find at <http://www.d.umn.edu/cla/faculty/troufs/anthfood/afproject.html#title>.

Your class Project is your Term Paper,

plus a short “work-in-progress” presentation.



Demosthenes Practising Oratory (1870)

Details of Presentation



Charles Dickens (1842)

Details of Term Paper

Your ***Informal Project Statement***, or Project Proposal, is due by the end of Week 4, **Friday, 7 February 2020**. Basically that’s a short *informal* summary personal statement of what you are interested in doing, how you think you might go about it, and what resources you are thinking about using. It can be as simple as the following:

“For my project I’m thinking about X, or Y, and these are the items I’m thinking about using [add short list]. This is why I’m interested in this/these project(s) [add your reason(s)]. . . .

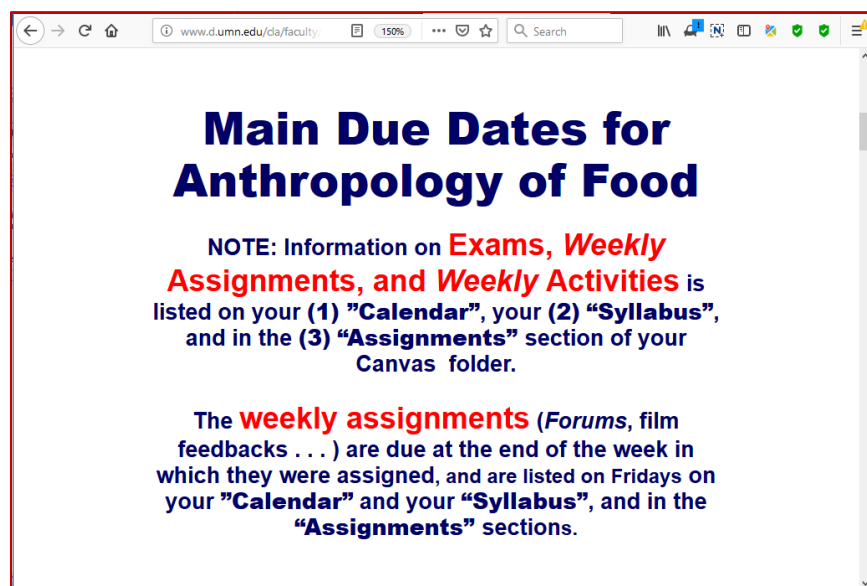
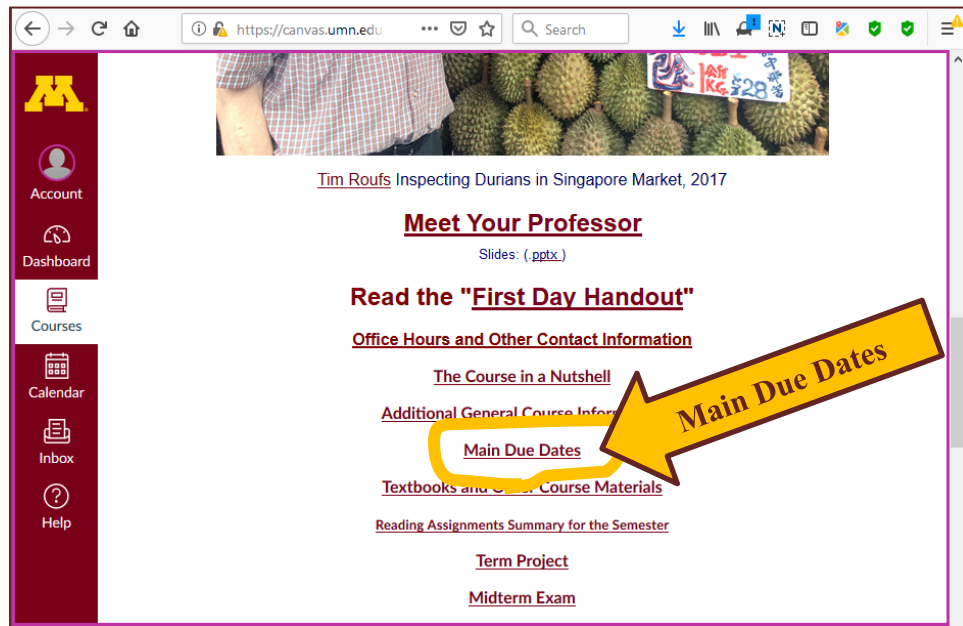
It is an *informal* statement. A more formal statement will come later on (in Week 6, Friday, 21 February 2020).

Main Due Dates

are listed at

<<http://www.d.umn.edu/cla/faculty/troufs/anthfood/afdue-dates.html#title>>


[including Term Paper / Exams / Extra Credit Papers . . . not including weekly *Discussions* and Review assignments . . .]



Have a look at . . .

Assignments and Events

. . . **this week** as they are listed on your **"Calendar"**.

They are also listed on the **"Syllabus"** section of your  **canvas** folder, if you prefer to have them in another form (see below).

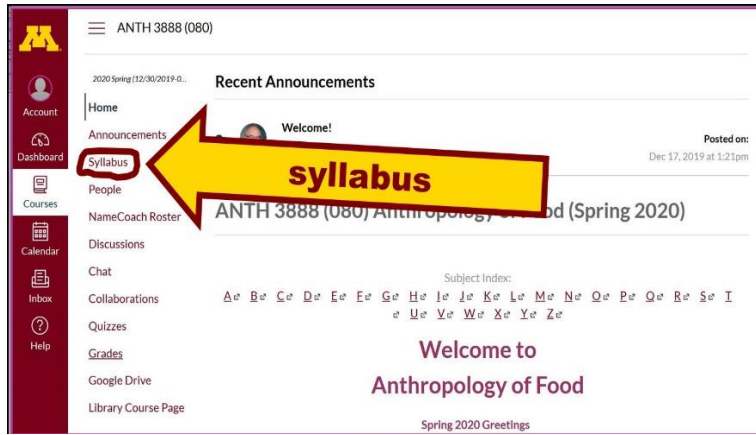


This Week's "Calendar"

REM: Links on screenshots are not "hot" (active)

Today		← → January 2020		Week		Month		Agenda		+	
SUN	MON	TUE	WED	THU	FRI	SAT					
19	20	21	22	23	24	25					
<ul style="list-style-type: none"> 1a AF Week 2 Memo AF Wk 2 For Fun Food Trivia: What were the American frontiersman Kit Carson's Last Words? AF Wk 2 For Fun Food Trivia: What would Willie Nelson have his Last Supper be? One what? 	<ul style="list-style-type: none"> UM MLK Holiday 1a AF Wk 2 Readings 2a AF Wk 2 Meet Your Professor (.pptx) 	<ul style="list-style-type: none"> AF Wk 2 Say "Hello" to Others in the Class AF Wk 2 Review the Main Characteristics of Anthropology from Last Week (.pptx) 	<ul style="list-style-type: none"> AF Wk 2 Other Important Terms (.pptx) AF Wk 2 Video: That Sugar Film (90 min.) 	<ul style="list-style-type: none"> AF Wk 2 Video Clip: An Inmate's Last Meal (0:01:29) 	<ul style="list-style-type: none"> REM All items due BY Friday, not necessarily ON Friday AF Wk 2 Discussion: "How 'ya doin'?" and How does one really know how your doin'? AF Wk 2 Discussion: Your Last Supper 						


The “Syllabus” version is found here:



In the “Syllabus” version the assignments look like this:

REM: Links on screenshots are not “hot” (active)

Sun Jan 19, 2020	AF Week 2 Memo
	AF Wk 2 For Fun Food Trivia: What were the American frontiersman Kit Carson's Last Words?
	AF Wk 2 For Fun Food Trivia: What would Willie Nelson have his Last Supper be? One what?
Mon Jan 20, 2020	UM MLK Holiday
	AF Wk 2 Readings
	AF Wk 2 Meet Your Professor (.pptx)
Tue Jan 21, 2020	AF Wk 2 Review the Main Characteristics of Anthropology from Last Week (.pptx)
	AF Wk 2 Say "Hello" to Others in the Class
Wed Jan 22, 2020	AF Wk 2 Other Important Terms (.pptx)
	AF Wk 2 Video: That Sugar Film (90 min.)
Thu Jan 23, 2020	AF Wk 2 Video Clip: An Inmate's Last Meal (0:01:29)
Fri Jan 24, 2020	REM All items due BY Friday, not necessarily ON Friday
	AF Wk 2 Discussion: "How 'ya doin'?" and How does one really know how your doin'?
	AF Wk 2 Discussion: Your Last Supper

Be sure to check the details of the **activities and assignments** of the week in your  canvas folder. With the Week 2 Activities we'd like to find out a little bit about your background and thoughts on food topics. . . . This week one of your tasks is to keep track of a day of your food intake. *One of the reasons for doing this is for you to see how difficult it is getting good data when doing food research involving food and people.* Detailed instructions are included on the *Discussion* page.

And what *are* our **Human Nutrient Needs?**

Have a look at these slides using the "slide show" mode:

(.pptx)

[click  here]

Nutritional Status

(.pptx)

[click  here]

Video Explorations

This week have a look at

That Sugar Film

(video: 1:42, 2015)



That Sugar Film -- [Wikipedia](#)

That Sugar Film is also available on Amazon Prime

[course viewing guide](#)

THAT SUGAR MOVEMENT was born from the success of *That Sugar Film*, Australia's highest earning cinema documentary which raised global awareness of the impact of hidden sugars on people's health.

THAT SUGAR FILM is one man's journey to discover the bitter truth about sugar. Damon Gameau embarks on a unique experiment to document the effects of a high sugar diet on a healthy body, consuming only foods that are commonly perceived as "healthy."

Through this entertaining and informative journey, Damon highlights so the issues that plague the sugar industry, and where sugar lurks on super shelves.

The film features guest cameos from the likes of Stephen Fry, Isabel Lucas and Brenton Thwaites, interviews with Gary Taubes, Michael Moss and Dr. Kimber Stanhope plus a rocking soundtrack including Depeche Mode, Peter Gabriel and Florence and the Machine.

That Sugar Film will forever change the way you think about 'healthy' food.

-- *That Sugar Film* HomePage

Edinburgh International Film Festival 2015

Berlin International Film Festival 2015

International Documentary Film Festival Amsterdam 2014

For Fun Food Trivia for the Week . . .

This week our **trivia questions for fun**
relate to last meals . . .

What would **Willie Nelson's Last Supper** be?



(Answer)

Check it out.

Week 2 Second Question

What were the American frontiersman Kit Carson's Last Words?



"This is the last picture of Carson, which was taken by photographer James Wallace Black two months before his death. The portrait was made around March 20, 1868 during Carson's visit to Boston with Ouray and Ute chiefs. The print is signed by Carson and is the largest extant photograph of him." -- [Kit Carson, Wikipedia](#)

([Answer](#))

**So once again, welcome to Anth 3888
Anthropology of Food. This *will be* a great
course, and a great experience.**

You will see. . . .

If you have any **questions** right now, please do not hesitate to post them on

the  canvas “Discussions”, or e-mail troufs@d.umn.edu, or stop in Cina 215 if you’re in the neighborhood [\[map\]](#).

Have a great Martin Luther King, Jr. holiday.

Best Regards,

Tim Roufs

<http://www.d.umn.edu/~troufs/>